



## What is the PEAK Comprehensive Assessment?

PEAK stands for Promoting the Emergence of Advanced Knowledge. It's the research-based tool we will use to assess a child's cognitive and behavioral abilities, especially helpful for children with autism or learning differences. PEAK looks at how your child learns, how they communicate and how they solve problems. It's designed to identify not just what your child struggles with, but also where they shine and how to build on those strengths.

### What Does PEAK Measure?

The PEAK Comprehensive Assessment includes several modules, each targeting a different area of development:

- Direct Learning Skills: How your child learns from direct instruction or experience
- Generalization Skills: How well they apply what they've learned to new situations
- Social and Emotional Understanding: How they interpret emotions and relationships
- Complex Cognitive Skills: Problem-solving, reasoning and abstract thinking

These modules provide a rich, detailed profile of your child's learning style and developmental progress.

### Why It Matters for Parents

Whether your child is receiving [ABA therapy](#) or classroom support, PEAK helps professionals tailor their approach to what works best for your child. For you as a parent, this means you'll gain a clearer understanding of your child's unique learning profile, while feeling reassured that the support they're receiving is based on real data, not guesswork. You'll also be better equipped to advocate for your child in ABA therapy sessions.

### Who Benefits from PEAK?

PEAK is especially useful for children with:

- Autism Spectrum Disorder (ASD)
- Developmental delays
- Speech and language challenges
- Learning disabilities
- Behavioral concerns

But it's also valuable for any child who may benefit from a deeper understanding of how they learn and grow. It's not about labeling; it's about unlocking potential.



## **What Happens After the Assessment?**

Once the PEAK assessment is complete, you'll receive a detailed report outlining your child's strengths, areas for growth and recommended strategies. This report becomes a foundation for building a personalized care or education plan, whether that's in a clinical setting, at school or at home. You can also meet with a Shine Bright staff member who will walk you through the results and help you take the next steps with confidence.

The benefits of PEAK Comprehensive Assessment are not just in the data it provides, but in how it helps shape your child's developmental journey over time. Once you understand how your child learns, you can begin to create environments that nurture those strengths. Our therapists will use PEAK results to set meaningful goals, track progress and adjust strategies as your child grows. But just as importantly, you as a parent will gain tools to support learning at home. Everyday moments like playtime, mealtime or bedtime routines become opportunities to reinforce skills and celebrate small victories. PEAK encourages a whole-child approach, recognizing that emotional connection and encouragement are just as vital as clinical techniques. It's not about pushing your child to meet arbitrary milestones, it's about helping them thrive in their own way, at their own pace. With PEAK, you're not just receiving an assessment; you're joining a collaborative process with us that honors your child's individuality and equips you with the insight to be an even stronger advocate and guide for them.

## **PEAK: A Tool for Empowerment**

Parenting a child with unique needs can be both rewarding and challenging. The PEAK Comprehensive Assessment is designed to support you on that journey; not by offering quick fixes, but by providing meaningful insights that lead to real progress. It's a tool that respects your child's individuality and helps everyone involved work together toward a brighter future. If you're curious about whether PEAK is right for your child, [reach out](#) to the Shine Bright team.